

# 2016 FACULTY:

## PRESIDENTIAL SPEAKER:

Gilles Walch, M.D.

Centre Orthopedique Santy, Hopital Prive Jean Mermoz, Lyon, France

**Joseph A. Abboud, M.D.**  
Associate Professor  
Rothman Institute  
Shoulder and Elbow Surgery  
Director of Research  
Thomas Jefferson University  
Philadelphia, PA

**Charles L. Getz, M.D.**  
Associate Professor  
Rothman Institute at Thomas Jefferson  
University  
Philadelphia, PA

**Brian G. Leggin, P.T., DPP, OCS**  
Lead Therapist  
Good Shepherd Penn Partners  
Berwyn, PA

**Scott Rodeo, M.D.**  
Co-Chief Emeritus, Sports Medicine  
& Shoulder Service  
Co-Director, Tissue Engineering  
Regeneration and Repair Program  
Professor, Orthopaedic Surgery  
Weill Medical College of Cornell University  
Attending Orthopaedic Surgeon  
The Hospital for Special Surgery  
Head Team Physician New York Giants  
Football  
New York, NY

**April D. Armstrong, BSc(PT), MSc, M.D., FRCSC**  
James E. Bobb Professor in  
Orthopaedics and Rehabilitation  
Vice Chair, Clinical Affairs and Quality  
Associate CMO PSHMG Surgical Care  
Chief, Shoulder and Elbow Surgery  
Penn State Milton S. Hershey Medical Center  
Bone and Joint Institute  
Hershey, PA

**Lawrence Gulotta, M.D.**  
Hospital for Special Surgery  
New York, NY

**Steve Luca, MSPT, ATC**  
MedStar NRH Rehabilitation Network  
Bel Air, MD

**David M. Lutton, M.D.**  
Shoulder and Elbow Surgeon  
Sports and General Orthopaedics  
Washington Circle Orthopaedic Associates  
Assistant Clinical Professor  
George Washington University  
Washington, DC

**Christopher C. Schmidt, M.D.**  
Director of Shoulder Surgery - UPMC  
Pittsburgh, PA

**John J. Basti, P.T.**  
Columbia University Center for Shoulder,  
Elbow & Sports Medicine  
New York, NY

**G. Dean Harter, M.D.**  
Chief, Shoulder and Elbow Service  
Geisinger Orthopaedic Institute  
Danville, PA

**S. Ashfaq Hasan, M.D.**  
Associate Professor of Orthopaedic Surgery  
Chief, Shoulder & Elbow Surgery  
Department of Orthopaedics  
University of Maryland School of Medicine  
Baltimore, MD

**Samir Mehta, M.D.**  
Orthopaedic Trauma & Fracture Service  
University of Pennsylvania Health System  
Philadelphia, PA

**Paul M. Sethi, M.D.**  
Clinical Instructor of Orthopedic Surgery  
Yale University School of Medicine  
The ONS Sports and Shoulder Service  
Greenwich, CT

**J. Gregory Bennett, P.T., DSc, M.S.**  
Executive Vice President  
Drayer Physical Therapy Institute  
Professor, Marymount University  
School of Physical Therapy  
Hummelstown, PA

**Charles M. Jobin, M.D.**  
Shoulder & Elbow Surgeon  
Assistant Professor of Orthopaedic Surgery  
Assistant Residency Program Director  
Columbia University Medical Center  
New York, NY

**Anand M. Murthi, M.D.**  
Chief, Shoulder and Elbow Surgery  
Director, Shoulder and Elbow Fellowship and  
Research  
Medstar Union Memorial Hospital  
MedStar Orthopaedics  
Baltimore, MD

**Kevin J. Setter, M.D.**  
Chief of Shoulder and Elbow Division  
University Orthopaedics  
Syracuse, NY

**Louis U. Bigliani, M.D.**  
Chairman Emeritus  
Columbia University  
New York, NY

**Peter S. Johnston, M.D.**  
Centers for Advanced Orthopaedics  
Southern MD Orthopaedics and Sports  
Medicine  
Leonardtown, MD

**Sameer Nagda, M.D.**  
Assistant Clinical Professor of Orthopaedics  
Georgetown University  
Anderson Orthopaedic Clinic  
Arlington, VA

**Matthew H. Walker, M.D.**  
Orthopaedic Surgeon  
Shoulder and Elbow Specialist  
OrthoVirginia  
Richmond, VA

**N. Douglas Boardman, III, M.D.**  
Associate Professor  
Department of Orthopaedic Surgery  
Virginia Commonwealth University  
Richmond, VA

**Martin J. Kelley, P.T., DPT, OCS**  
Good Shepherd Penn Partners  
University City  
University of Pennsylvania  
Department of Orthopaedic Surgery  
Philadelphia, PA

**Surena Namdari, M.D., MSc**  
Assistant Professor of Orthopaedic Surgery  
The Rothman Institute  
Shoulder & Elbow Surgery  
Thomas Jefferson University Hospitals  
Philadelphia, PA

**Russell Warren, M.D.**  
Surgeon in Chief Emeritus Hospital  
for Special Surgery  
Professor of Orthopedics Weill Cornell  
Medical College  
Hospital for Special Surgery  
New York, NY

**Edward V. Craig, M.D., MPH**  
Professor of Orthopaedic Surgery  
University of Minnesota  
Chief Executive Officer  
TRIA Orthopaedic Center  
Minneapolis, MN

**Marc S. Kowalsky, M.D., MBA**  
Orthopaedic & Neurosurgery Specialists  
ONS Foundation  
Greenwich, CT

**Bradford O. Parsons, M.D.**  
Chief of Shoulder Surgery  
Associate Professor of Orthopaedic  
Surgery and Orthopaedic Residency  
Program Director  
Leni and Peter W. May  
Department of Orthopaedic Surgery  
Icahn School of Medicine at  
Mount Sinai Medical Center  
New York, NY

**Robin V. West, M.D.**  
Chairman, Inova Sports Medicine  
Lead Team Physician, Washington Nationals  
Associate Professor  
Georgetown University Medical Center  
Associate Professor, VCU School of Medicine  
Fairfax, VA

**Scott Epsley, P.T.**  
Sports Physiotherapy  
Physical Therapist  
Registered Musculoskeletal Sonographer  
Director of Professional, Collegiate and Elite  
Sports Therapy & Clinical Education  
Medstar Sports Medicine  
Washington, DC

**James Krieg, M.D.**  
Director of Orthopaedic Trauma  
Professor of Orthopaedic Surgery  
Rothman Institute at Thomas Jefferson  
University  
Philadelphia, PA

**Raymond A. Pency, M.D.**  
Assistant Professor  
Division of Orthopaedic Trauma  
University of Maryland Medical Center  
Baltimore, MD

**Brent B. Wiesel, M.D.**  
Associate Professor of Orthopaedic Surgery  
Chief, Shoulder Service  
Georgetown University Hospital  
Washington, DC

**Leesa M. Galatz, M.D.**  
Chairman, Department of Orthopaedics  
Icahn School of Medicine  
Mount Sinai Health System  
New York, NY

**Jack E. Kazanjian, D.O., FAOAO**  
Assistant Clinical Professor  
Department of Orthopaedic Surgery  
Philadelphia College of Osteopathic Medicine  
Premier Orthopaedic and Sports Medicine  
Associates  
Havertown, PA

**Kevin D. Plancher, M.D.**  
Clinical Professor  
Albert Einstein College of Medicine  
New York, NY

**Gerald R. Williams, Jr, M.D.**  
John M. Fenlin, Jr., M.D. Professor of  
Shoulder and Elbow Surgery  
Department of Orthopaedic Surgery  
The Rothman Institute  
The Sidney Kimmel Medical College at  
Thomas Jefferson University  
Bryn Mawr, PA

**Brian J. Galinat, M.D.**  
Chairman, Department of Orthopaedic Surgery  
Physician Lead, Musculoskeletal Service Line  
Christiana Care Health System  
Clinical Assistant Professor  
Thomas Jefferson University  
Newark, DE

**Mark D. Lazarus, M.D.**  
Professor, Department of Orthopaedic Surgery  
The Rothman Institute  
Sidney Kimmel School of Medicine  
Thomas Jefferson University  
Philadelphia, PA

The 6<sup>th</sup> Annual

# MID-ATLANTIC SHOULDER AND ELBOW

*Society Meeting*



SEPTEMBER 9, 2016

The Ritz-Carlton, Washington, DC  
1150 22nd Street, N.W.  
Washington, DC 20037

Presented by  
THE MID-ATLANTIC SHOULDER  
AND ELBOW SOCIETY



Mid-Atlantic Shoulder and Elbow Society  
P.O. Box 420942  
San Diego, CA 92142-0942



# PROGRAM

## PROGRAM CHAIRS:

Joseph A. Abboud, M.D., Jack E. Kazanjian, D.O., Anand M. Murthi, M.D., Brent B. Wiesel, M.D.

### Friday, September 9, 2016

7:00-8:00	<b>Breakfast/Exhibits</b>	12:15-1:15	<b>Lunch/Exhibits</b>
8:00-10:00	<b>SESSION I:</b> Moderator - Anand Murthi, M.D.	1:15 -2:45	<b>SESSION III:</b> Moderator - Jack Kazanjian, D.O., FAOAO
8:00- 9:00	<b>PANEL – Innovations in Shoulder Arthroplasty – What’s new and cutting edge? Shorty, stemless, and new biomaterials.</b> Moderator: Charles Getz, M.D. Panel: Gilles Walch, M.D., Mark Lazarus, M.D., Edward Craig, M.D., MPH, Gerald Williams, Jr. M.D., Kevin Setter, M.D.	1:15-2:15	<b>PANEL - Throwing Shoulder: SICK Scapula, GIRD, SLAPs, PASTA- So many acronyms, so little time!</b> Moderator: Sameer Nagda, M.D. Panel: Kevin Plancher, M.D., Scott Epsley, P.T., Steven Luca, MSPT, ATC, Robin West, M.D., Scott Rodeo, M.D.
9:00-9:30	<b>PRESIDENTIAL SPEAKER</b> Gilles Walch, M.D., Lyon France <b>Shoulder Arthroplasty: Past, Present, &amp; Future</b>	2:15 – 2:45	<b>DEBATE – Latarjet vs. Arthroscopic Bankart for First Time Dislocation: I got skillz!</b> Moderator: Kevin Plancher, M.D. Latarjet Gilles Walch, M.D. Bankart Russell Warren, M.D.
9:30-10:00	<b>DEBATE – The B2 Glenoid: Let’s talk with the Pros.</b> Moderator: Charles Jobin, M.D. Reverse Gilles Walch, M.D. Augment Gerald Williams, Jr., M.D. Standard TSA with eccentric reaming Louis Bigliani, M.D.	2:45-3:15	<b>Break – Exhibits</b>
10:00-10:25	<b>Break/Exhibits</b>	3:15-5:00	<b>SESSION IV:</b> Moderator - Brent Wiesel, M.D.
10:25-12:10	<b>SESSION II :</b> Moderator - Joseph Abboud, M.D	3:15-4:00	<b>PANEL – Subscapularis Tears – Often neglected but perhaps most important. Arthroscopic, open, salvage operations.</b> Moderator: Brian Galinat, M.D. Panel: Matthew Walker, M.D., Peter Johnston, M.D., John Basti, P.T., David Lutton, M.D., Lawrence Gulotta, M.D.
10:25-11:15	<b>PANEL -Elbow: The front and back. Distal biceps and triceps injuries.</b> Moderator: Bradford Parsons, M.D. Panel: Raymond Pensey, M.D., Surena Namdari, M.D., MSc, Christopher Schmidt, M.D., L. Gregory Bennett, P.T., DSc, M.S.	4:00-5:00	<b>PANEL - 45-Year Old Male with Irreparable Cuff- No way he’s getting a reverse. Or is he? Let’s talk.</b> Moderator: Paul Sethi, M.D. Panel: Leesa Galatz, M.D., Gilles Walch, M.D., Marc Kowalsky, M.D., MBA, S. Ashfaq Hasan, M.D., Martin Kelley, P.T., DPT, OCS
11:15-12:10	<b>PANEL – Proximal Humerus Fractures: To operate or not- that is the question.</b> Moderator: Samir Mehta, M.D. Panel: James Krieg, M.D., April Armstrong, BSc(PT), MSc, M.D., FRCSC, Douglas Boardman, III, M.D., G. Dean Harter, M.D., Brian Leggin, P.T., DPP, OCS	5:00 - 6:30	<b>RECEPTION/ Case Reviews</b>
12:10	<b>LIFETIME ACHIEVEMENT AWARD</b> Recipient - Edward Craig, M.D., MPH		



American Shoulder and Elbow Surgeons Recognizes the Educational Content of this Program

## Mid-Atlantic Shoulder and Elbow Society Meeting

SEPTEMBER 9, 2016

### REGISTRATION FORM

You can register online at [www.mases.info](http://www.mases.info)  
Questions - Professional Meeting Consultants,  
call (858) 279-9955 [pmc@mtgplanner.com](mailto:pmc@mtgplanner.com)

Name: \_\_\_\_\_

Credential: MD/DO ATC PT OT PA RN Resident

Institution: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*Your confirmation will be sent by email*

Registration Fee: Physician - \$400  
Residents / Allied Health Professionals - \$200

Cocktail Reception: \$25/per person \_\_\_\_\_ self \_\_\_\_\_ guest

Amount Enclosed: \$ \_\_\_\_\_

Register online at [www.mases.info](http://www.mases.info) or  
Mail the registration form with check/money order payable to:

**The Mid-Atlantic Shoulder and Elbow Society**  
P.O. Box 420942  
San Diego, CA 92142-0942

### Mid-Atlantic Shoulder and Elbow Society

Founded 2010, MASES is a non-profit organization dedicated to providing orthopaedic surgeons and allied health professional in the Mid-Atlantic region quality educational opportunities focusing on the shoulder and elbow.

### Course Description

The MASES course lectures are by nationally recognized experts in the field of shoulder and elbow treatment from the Mid-Atlantic region. They will provide in-depth coverage of the latest non-surgical and surgical modalities for your patients. The course will also provide opportunity for personal interaction with pre-eminent internationally recognized leaders in this area. This course is directed towards orthopaedic surgeons and residents, athletic trainers, physical therapists, occupational therapists, advanced practice nurses, physician’s assistants, and physicians with a particular interest in shoulder and elbow disorders.

### Course Objectives

Review critical treatment issues in the management of shoulder instability, rotator cuff tears, and the proper utilization of shoulder arthroplasty. The course will also cover the management of patients with common and complex elbow disorders. This course will provide updates on the most recent advances in the management of shoulder and elbow patients. The course will also provide practical and interactive learning opportunities for participants. This course is not currently approved for CME credits.

### Registration Fee

- Physicians \$400
- Residents/Allied Health Professionals \$200

Please register via registration form or on the web at [www.mases.info](http://www.mases.info)  
Any questions - Contact Professional Meeting Consultants,  
(858) 279-9955, [pmc@mtgplanner.com](mailto:pmc@mtgplanner.com).

### Location

The Ritz-Carlton, Washington, DC  
1150 22nd Street, N.W.  
Washington, DC 20037  
Phone: (202) 835-0500

### Hotel

Discounted room rates are available at the Ritz-Carlton, Washington, DC for the meeting. You can reserve online with the hotel group reservation link on our website [www.mases.info](http://www.mases.info), or reservations can be made by calling the hotel directly at (202) 835-0500.

You must refer to the MASES meeting to receive the group rates. Our room block at the hotel will be released on August 17; rooms and rate subject to availability after that date.

### Travel

All program attendees are responsible for making their own travel arrangements.

### Cocktail Reception

A cocktail reception will follow the meeting at 5:00 pm in the Exhibit Ballroom. Cost per person is \$25 and is **not included in the registration fee.**